

ANOTHER BLUE MONDAY

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RECORD: Coll 6051-A "Blue Monday" Fats Domino, avail Palomino
FOOTWORK: Opposite unless otherwise noted
RHYTHM: WEST COAST SWING SPEED: 45 rpm
PHASE: RAL PHASE IV + 1[trpl trav & roll]
SEQUENCE: INTRO A B A(1-8) C B END RELEASE: December, 2000
Corrected 7/01

MEAS: INTRO

1-1 ½ WAIT 1 MEAS; STEP TURN POINT,,

- 1 M fcg COH lead ft wgt'd sd by sd & to R of ptr, hold,-,-(W fcg COH lead ft wgt'd L arm bent w/hnd beh head, hold,-,-);
- 1½ bk & sd R swvl LF to fc ptr, pnt L twrd ptr RLOD(W bk & sd L swvl RF to fc ptr, pnt R twd ptr LOD,)

PART A

1-4 SUGAR PUSH—SUGAR TUCK & SPIN;;; KICK BALL CHNG x 2;

- 1-3 {SUGAR PUSH} bk L, bk R, tch L to R, fwd L; beh R/sd L, sd R, {SUGAR TUCK & SPIN} bk L, bk R to tight BFLY low hnds; tch L to R, fwd L raise jnd lead hnds soft pull on trail hnds, X R beh L/ sd L, sd R(W fwd R, fwd L slight RF trn to tight BFLY; tch R to L, trng RF fwd R & free spin RF to fc ptr, X L beh R/sd R, sd L);
- 4 {KICK BALL CHNGS} kick L, stp L/R, kick L, stp L/R;

5-8 LEFT SIDE PASS—THREE SD CLS;;; SAILOR SHUFFLES;

- 5-7 {LEFT SIDE PASS & 3 SD CLS} bk L trng LF, clo R leadg W to M's L side, fwd L/cl R, fwd L fc wall(W fwd R, fwd L passng on M's L sd, fwd R/L, R trng LF ovtrn to fc wall sd by sd w/ ptr on M's L sd); XRIB of L/sd L, sd R, sd L, cl R(W sd L/XRIB fwd L, sd R, cl L passng in front of M); sd L,cl R, sd L, cl R (W sd R, cl L, sd R, cl L end M's R sd fcg wall);
- 8 {SAILOR SHUFFLES} XLIB of R/sd R, sd L, XRIB of L/sd L, sd R trng RF to fc ptr & RLOD(W trn LF to fc ptr & LOD);

9-16 U/A TRN TO TRPLE TRAVEL WITH ROLL—SUGAR PUSH;;;;;

U/A TRN & POINT;;

- 9 {U/A TRN} bk L trng RF, fwd R twd W's R sd trng RF, fwd L/cl R, fwd L to R hnd star M fcg COH(W fwd R, fwd L, undr jnd Lead hnds fwd R/fwd L, fwd R trng LF to fc Wall);
- 10-14 {TRPLE TRAV WITH ROLL} chsse R/L, R, roll RF 1 ½ trns L, R, to L hnd star M fcg Wall(W chsse L/R, L, roll RF 1 ½ trns R,L); chsse L/R,L both trn LF ½ to R hnd star, chsse R/L,R both trn RF to L hnd star M fcg Wall; chsse L/R, L roll LF R,L LOP fcg Ptr & LOD; XRIB/sd L, sd R,{SUGAR PUSH} bk L, bk R; tch L to R, fwd L, beh R/sd L, sd R;

15-16 {U/A TRN & PNT} bk L trn RF, fwd R trng RF, fwd L/cl R, fwd L (W fwd R, fwd L undr jnd lead hnds, fwd R/L, R trng LF;); XRIB of L/sd L, sd R, pnt L to Wall,-(W bk L/cl R, fwd L, pnt R,-);

PART B

1-4 SAILOR SHUFFLES; CHICKEN WLKS;; THROWOUT;

1 {SAILOR SHUFFLES}XLIB of R/sd R,sd L,XRIB of L/sd L, sd R;

2-3 {CHICKEN WLKS} bk L, -, bk R leadg W to swvl,-(W swvl fwd R,-, swvl fwd L,-); bk L, bk R, bk L, bk R(W cont swvl R, L, R, L);

4 {THROWOUT} sd L/cl R, sd L strt LF trn ¼ , XRIB of L/sd L, sd R(W sd R strt LF trn/cl L, cont LF trn bk R, bk L/cl R, fwd L);

5-8 SAILOR SHUFFLES; CHICKEN WLKS;; THROWOUT;

5 {SAILOR SHUFFLES} REPEAT MEAS 1 PART B;

6-7 {CHICKEN WLKS} REPEAT MEAS 2 & 3 PART B;

8 {THROWOUT} REPEAT MEAS 4 PART B;

PART A (1-8)

1-4 SUGAR PUSH—SUGAR TUCK & SPIN;;; KICK BALL CHNG X 2;

5-8 LEFT SIDE PASS--SD CL;;;SAILOR SHUFFLES;

1-8 REPEAT MEAS 1-8 PART A;;;;;;;

PART C

1-8 WRAPPED WHIP;; SIDE BRKS;; WRAPPED WHIP;; SIDE BRKS;;

1-2 {WRAPPED WHIP} jn both hnds bk L, rec R trn ¼ RF, brng jnd hnds ovr W's head sd L/clo R cont RF trn, sd & fwd L in wrap pos(W fwd R, fwd L, fwd R/cl L, bk R); XRIB of L trng RF release trail hnds, sd L trng RF, sd R/clo L, sd R(W bk L, bk R, bk L/cloR, fwd L);

3-4 {SIDE BRKS—&S&S QQQQ} ft action only sd L/sd R(out out), -; cl L/cl R to L(in in),-; sd L/sd R(out out), cl L/cl R to L(in in), sd L/sd R(out out), cl L/cl R to L(in in);

5-6 {WRAPPED WHIP} REPEAT MEAS 1 & 2 PART C;;

7-8 {SIDE BRKS—&S&S QQQQ} REPEAT MEAS 3 & 4 PART C;;

REPEAT PART B

1-8 SAILOR SHUFFLES; CHICKEN WLKS;; THROWOUT;SAILOR SHUFFLES; CHICKEN WLKS;; THROWOUT;

1-8 REPEAT MEAS 1-8 PART B;;;;;;;

END

1-6 U/A TRN TO TRPLE TRAV WITH ROLL—SUGAR PUSH & POINT;::::;

1-6 REPEAT MEAS 9-13 PART A;;;;; finish sugar push & pnt L to sd L arm extended twd ptr(W pnt R to sd L hnd beh head);

NOTE: for records with extra measure, add U/A trn after the sugar push and before the point.

