

LA BAMBA

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MUSIC: Collectable 3197 "La Bamba" by Richie Valens 2:05, also avail as
download from Amazon Rock Classics Volume 1 Track #6
FOOTWORK: Opposite unless indicated
RHYTHM: MAMBO RAL PHASE IV **SPEED:** 44RPM (adjust for comfort)
SEQUENCE: INTRO A B A(MOD) C A(MOD) END Released 9/10

INTRO

- 1-4 **WAIT;; 4 QUICK HIP LIFTS;;**
1-2 CP fcg WALL lead ft free wait;;
3-4 With wgt on trail foot and ball of L(W R) ft pressed to the floor straighten L knee keeping heel off the floor/bend L knee, straighten L knee/bend L knee, straighten L knee/bend L knee, straighten L knee/bend L knee;

PART A

- 1-5 **FWD & BK BASIC;; BRK BK TO SCP; THRU TO SERPIENTE W/FLICKS;;**
1-2 CP fcg WALL fwd L, rec R, bk L,-; bk R, rec L, fwd R,-;
3 Bk L trng 1/4 LF (W RF) opening to SCP LOD, rec R, fwd L,-;
4 Thru R twd LOD, sd L, XRIB of L, flick L bk without taking wgt on L;
5 XLIB of R, sd R, thru L twd RLOD, swiveling on L to fc LOD flick R in bk without taking wgt on R;
- 6-9 **THRU TO AIDA; BK BASIC; PATTYCAKE TAP; BK BASIC;**
6 Thru R twd LOD, sd L, trng RF XRIB of L to end in "V" bk/bk pos,-;
7 In LOP fcg RLOD lead hnds jnd bk L, rec R, fwd L,-;
8 Lift R leg with bent knee swvl 1/4 LF on L to fc ptr tch trail hnds/XRIF tapping R to twd LOD,-, swvl 1/4 RF on L to LOP fcg RLOD/bk R,-;
9 REPEAT MEAS 7 PART A;
- 10-14 **PATTYCAKE TAP; BK BASIC; SLIDE THE DOOR; SD WLK APT; KICK SWVL TO FC HOLD;**
10 REPEAT MEAS 8 PART A;
11 REPEAT MEAS 7 PART A;
12 Fcg RLOD in sd by sd pos trail hnds jnd rk apt R, rec L moving bhd W, XRIF of L cont to move bhd W to end on her L sd,- (W rk apt L, rec R moving in frnt of M, XLIF of R cont to move in frnt of M to end on his R sd,-) both fcg RLOD with lead feet free;
13 Both fcg RLOD moving away from ptr sd L, cl R, sd L,-;
14 Kick R twd WALL, bend R knee swiveling 1/4 RF on L ft, fwd R twd COH taking wgt on R,hold (W kick L twd COH, bend L knee swiveling 1/4 LF on R ft, fwd L twd WALL taking wgt on L, hold) end fcg ptr COH lead ft free;

PART C (CONT)

- 9-11 M U/A TRN; W U/A TRN; NYR;
9 Trail hnds jnd M XLIF of R trng 1/2 RF undr jnd trail hnds, rec R, cont RF trn to fc ptr, cl L,-(W bk R leading M to trn RF undr jnd trail hnds, rec L, cl R,-);
10 Join lead hnds REPEAT MEAS 2 PART B;
11 REPEAT MEAS 3 PART C end in BFLY;
- 12-14 ¼ TWIRL TO TAMARA; UNWRAP; CUCA; STAMP,
12 With both hnds jnd in plc L, R, L leading W to trn undr jnd lead hnds to fc RLOD in tamara position (W trn RF undr lead hnds,R, L, R to fc RLOD in tamara position,-);
13 In plc R, L, R leading W to trn LF to unwrap,-(W fwd R trng Lf, sd & fwd L cont LF trn, fwd R to fc ptr,-);
14 Sd R, rec L, cl R,-;
¼ With wgt on trail ft stamp L ft (R ft),
REPEAT PART A MOD
END
- 1-10 ¼ CHASE;;; FWD BASIC; U/A TRN; SCALLOP;; FWD BASIC; U/A TRN; CL PNT,
1-4 REPEAT MEAS 15-18 PART A;;;;
5-8 REPEAT MEAS 1-4 PART B;;;;
9-10 REPEAT MEAS 1 & 2 PART B;;
¼ With lead hnds jnd cl L/pnt R RLOD (W cl R/pnt L RLOD),