

MERENGUE UN POCO

PG 1 OF 2

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MUSIC: STAR 226 & Helmut Licht CD Baltimore Dances #5 Track 4
"Falcon's Island" Available Palomino
FOOTWORK: Opposite unless indicated
SEQUENCE: INTRO A A B C A END
RHYTHM: MERENGUE
PHASE: RAL PHASE III + 1[merengue glide] + 1 unphased [side separation]
SPEED: 43 rpm (adjust for comfort) Released: 5/06

INTRO

- 1-10 WAIT;; SIDE SEPARATION;;; WHEEL 8;; CONGA WLK L & R;; BK WAY 3
TCH; TOG 3 TCH TO X HNDS;
1-2 Fcg ptr wall BFLY lead ft free wait;;
3 Sd L LOD, cl R, sd L, tch R (W sd R LOD, cl L, sd R, cl L);
4 Sd R RLOD release hnds, cl L, jn L/L hnds sd R tch L (W sd R LOD,
cl L, jn L/L hnds sd R, tch L);
5 Sd L LOD, cl R, sd L, cl R releasing hnds and passing ptr (W sd L
RLOD, cl R, sd L, cl R releasing hnds and passing ptr);
6 Sd L, cl R, sd L, jn R/R hnds cl R (W sd L, cl R, sd L, jn R/R hnds tch R);
7 With R/R hnds jnd wheel CW fwd L, R, L, R;
8 Cont wheel CW fwd L, R, L, R;
9 Sd L, X RIF of L, sd L with upper bdy trn, tap R;
10 Sd R, XLIF of R, sd R with upper bdy trn, tap L;
11 Bk away from ptr L, R, L, tch R;
12 Fwd twd ptr L, R, L, tch R jn R/R & L/L hnds with R hnds on top;
- 1-3 MERENGUE BASIC W/HEAD LOOPS; ARM SLIDE;;
1 Sd L taking jnd R hnds up and placing them behind M's head, cl R
releasing R hnds, sd L taking jnd L hnds up and placing them behind
M's head, cl R releasing L hnds end CP WALL;
2 Apart L, R, L, R while W slides her hands down M's arms to join both
hnds;
3 Together L, R, L, R keeping both hnds joined to end BFLY WALL;
- 4-7 TWIRL TO TAMARA; WHEEL 8;; UNWRAP & REWRAP;
4 With both hnds jnd in plc L, R, L, R leading W to trn undr lead hnds to fc
RLOD in tamara pos (W trng RF undr lead hnds R, L, R, L to fc RLOD);
5 In tamara position fcg LOD wheel RF fwd L, R, L, R to fc COH;
6 Cont RF wheel fwd L, R, L, R to fc WALL;
7 Cont RF wheel fwd L, R, L, R (W unwrap from tamara pos LF & cont LF
trn to wrap into M's arms R, L, R, L) end wrapped pos fcg COH;
- 8-12 WHEEL 8;; UNWRAP; PROMENADE WALK X 2;;
8 Cont RF wheel fwd L, R, L, R to fc WALL;
9 Cont RF wheel fwd L, R, L, R to fc COH;
10 Cont wheel fwd L, R, L, R releasing lead hnds to allow W to unwrap (W
unwrap trng RF R, L, R, L) end fcg ptr WALL;
11 Blending to SCP fwd L, fwd R trng to fc ptr, sd L, cl R;
12 REPEAT MEAS 11 PART A;
- 13-16 FWD STAIRS 8;; BK AWAY 3 TCH; TOG 3 TCH TO X HNDS;
13 CP WALL fwd L, cl R, fwd L, cl R;
14 REPEAT MEAS 13 PART A;
15-16 REPEAT MEAS 11 & 12 INTRO;;
REPEAT PART A

PART B

- 1-4 MERENGUE BASIC; MERENGUE GLIDE; MERENGUE BASIC; MERENGUE GLIDE;
1 CP WALL REPEAT MEAS 2 PART A;
2 Sd L/cl R, sd L/cl R, sd L, cl R;
3-4 REPEAT MEAS 1 & 2 PART B;;
- 5-8 CONGA WLKS L & R;; CONGA WLKS FWD & BK;;
5-6 REPEAT MEAS 9 & 10 INTRO;;
7 No hnds jnd fwd twd ptr WALL R, L, R pnt R bk (bk R, L, R, pnt L fwd);
8 Backing twd COH R, L, R, pnt L fwd (W moving fwd twd ptr COH L, R, L, pnt R bk);
- 9-12 MERENGUE BASIC; TWRL 2 SD CL; MERENGUE BASIC; TWRL 2 SD CL;
9 REPEAT MEAS 2 PART A;
10 Sd L, cl R, sd L, cl R leading W trn RF undr jnd lead hnds (W trn RF undr jnd lead hnds fwd R, L, sd R, cl L to end fcg ptr COH);
11-12 REPEAT MEAS 9 & 10 PART B;;
- 13-14 BK AWAY 3 TCH; TOG 3 TCH TO X HNDS;
13-14 REPEAT MEAS 11-12 INTRO;;
- PART C
- 1-4 MERENGUE BASIC; U/A TRN TO LARIAT;;;
1 REPEAT MEAS 2 PART A;
2 Raise lead hnds in plc L, R, L, R leading W to trn RF under jnd lead hnds (W comm RF trn under jnd lead hnds fwd R, L, R, L to end on M's R sd);
3 In plc L, R, L, R (W moving fwd CW arnd M fwd R, L, R, L);
4 In plc L, R, L, R (W cont CW arnd M fwd R, L, R, L) end CP WALL;
- 5-10 SIDE SEPARATION;;; WHEEL 8;;
5-10 REPEAT MEAS 3-8 INTRO;;;;;
- 10-16 MERENGUE BASIC; U/A TRN TO LARIAT;;; BK AWAY 3 TCH; TOG 3 TCH X HNDS;
11-12 REPEAT MEAS 1-4 PART C;;;;
13-14 REPEAT MEAS 11 & 12 INTRO;;
- REPEAT PART A
END
- 1-2 MERENGUE BASIC WITH HEAD LOOPS; SD LUNGE & TWIST;
1 REPEAT MEAS 1 PART A;
2 Sd L twd LOD with bent knee & extending R leg out twd RLOD,-, both trn bdy slightly & both look RLOD,-;