

SI SENOR

pg 1 of 2

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RECORD: S.T.A.R. 132A "Eso Es El Amor" flip "My Foolish Heart", available
Palomino Records
FOOTWORK: Opposite unless otherwise indicated Timing 1 2 3 & 4 unless noted.
RHYTHM: CHA RAL PHASE V +1 [rope spin] +2 unphased [circular cross bdy, shakedown]
SEQUENCE: INTRO A B A B(1-13) END
SPEED: 45 rpm (adjust for comfort) Released 5/05

INTRO

1-4 WAIT;; SPOT TRN IN 4; MERENGUE 4;

1-2 [WAIT] fcg ptr/wall no hnds jnd lead ft free wait;;
1234 3 [SPOT TRN IN 4] thru L trn 1/2 RF, rec R cont trn RF, sd L, cl R;
1234 4 [MERENGUE 4] sd L, cl R, sd L, cl R jn R-R hnds to end fcg ptr WALL;
PART A

1-5 CIRCULAR CROSS BODY;;;;;

1 [CIRCULAR CROSS BODY] with R-R hnds jnd rk fwd L, rec R trng 1/4 LF to fc LOD,
sd L/cl R, sd L fcg LOD (W rk bk R, rec L, fwd R/lk L, sd R fcg COH on M's R sd)
end in L shape position with R-R hnds jnd in front of W;
2 rk bk R, rec L begin LF trn leading W across in front of M with low R hnds,
cont LF trn to fc DRC in plc R/L, R trng W LF and bring R hnds up behind W
(W fwd L COH, fwd R spiral LF to begin 1 1/8 LF trn , finish LF trn L/R, L to fc DRC)
blending to VARS pos both fcg DRC;
3 rk fwd L, rec R Ftrng 1/8 LF to fc RLOD sd L/cl R, sd L (W fwd R, fwd L
releasing L hnds spiral 1/2 RF to fc DLW, trn another 1/8 RF to fc WALL
sd R/lk L, sd & fwd R twd WALL) end in L shape position with R-R hnds jnd
across in front of W;
4 rk bk R, rec L begin LF trn leading W across in front of M with low R hnds,
cont trng LF to fc DLW in plc R/L, R trng W LF and bringing R hnds up
behind W (W fwd L, fwd R spiral LF to begin 1 1/8 LF trn, finish LF trn L/ lk R, L to fc
DLW) blending to VARS pos both fcg DLW;
5 rk fwd L, rec R, trng sl LF sd L/cl R, sd & fwd L to fc LOD (W fwd R, fwd L
releasing L hnds spiral 1/2 RF to fc DRC, trn another 3/8 RF to fc LOD
sd R/lk L, sd & fwd R twd LOD) end both fcg LOD W to R of M with R hnds jnd across
front of W;

6-8 WHIP TO TRIPLE CHAS FWD;; RK FWD REC & BK REC;

6-7 [WHIP TO TRIPLE CHAS FWD] fcg LOD bk R, rec L lead W to XIF of M to fc RLOD &
drop hnd hold, fwd R /lk L, fwd R (W bk L, rec R trng LF in frnt of M to fc RLOD drop
hand hold, placing R hnd on M's chest bk L/lk R, bk L);
fwd L/lk R, fwd L, fwd R/lk L, fwd R (W L hnd on M's chest bk R/lk L, bk R, R hnd on M's
chest bk L/lk R, bk L) end fcg LOD with no hnds jnd;
1234 8 [RK FWD REC & BK REC] rk fwd L, rec R, rk bk L, rec R jn lead hnds;

9-12 ALEMANA TO ROPE SPIN;;;;;

9-12 [ALEMANA TO ROPE SPIN] fcg LOD LOP lead hnds jnd rk fwd L, rec R, cl L/in plc R,
L bring lead hnds palm to palm to prepare W for RF trn (W rk bk R, rec L, fwd R/lk L, fwd
R start RF trn); bk R, rec L, in plc R/L, R leading W to spiral RF(W fwd L trn RF undr jnd
lead hnds, cont RF trn fwd R, cont trn fwd L/cl R, fwd L spiral RF to end to M's R sd);
sd L, rec R, in plc L/R, L (fwd R , fwd L around M, fwd R/lk L, fwd R); sd R, rec L in plc
R/L, R (W cont around M fwd L, fwd R, fwd L/lk R, fwd L trn to fc ptr) to fc ptr LOD CP;

13-16 CUDDLE X 2;; SHAKEDOWN;;

13-14 [CUDDLE X 2] CP LOD drop jnd lead hnds keep R arm beh W's back sd L, rec R, in plc
L/R, L (with L hnd on M's R shldr W swvl 1/2 RF on L stepping bk R in sl L pos, rec L
trn to fc M bring R hnd to M's L shldr, in plc R/L, R); with L arm beh W's back sd R
extend L arm to side, rec L, in plc R/L, R (with R hnd on M's L shldr W swvl 1/2 LF on R
step bk L in sl L pos, rec R trn to fc M bring L hnd to M's R shldr, in plc L/R, L);
1234 15-16 [SHAKEDOWN] fcg LOD in cuddle position M's hnds on W's hips sm sd L to COH, plc
1234 wt on both feet and slowly lowering and swinging hips twd WALL, twd COH, twd WALL;
rise while swinging hips twd COH, twd WALL, twd COH, twd WALL end fcg ptr LOD;

