

# SWAY ME NOW

PG 1 OF 2

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**MUSIC:** "SWAY" by Julie London download Amazon, iTunes, other sites  
**FOOTWORK:** Opposite unless otherwise indicated.  
**RHYTHM:** RUMBA RAL PHASE III + 1 + 1U [cross body, chase w/rev u/a trn]  
**SEQUENCE:** INTRO A B A (9-16) C B A (9-16) END  
**SPEED:** as on CD or download. **RELEASED:** 3/10

## INTRO

- 1-8 WAIT;; KIKI WLKS;; CUCA X 2;; CIRC AWAY & TOG 4 & HOLD;;  
1-2 Tandem position LOD lead ft free wait;;  
3-4 [KIKI WLKS] placing each ft in front of the other fwd L, fwd R, fwd L,-; fwd R, fwd L, fwd R,-;  
5-6 [CUCA X 2] sd L w/wt on ball of L ft, rec R, cl L,-; sd R w/wt on ball of R ft, rec L, cl R,-;  
7-8 [CIRC AWAY & TOG 4 & HOLD] fwd L comm LF trn (W RF) moving away from ptr, fwd R cont LF trn, fwd L cont trn to move twd ptr, fwd R twd ptr; jn lead hnds high & hold,-,-;

## PART A

- 1-8 CIRCLE BOX;; TO A LARIAT;; RUMBA BOX;; CUCA X 2;;  
1-2 [CIRCLE BOX] fcg ptr WALL lead ft free lead hnds jnd high sd L, cl R, fwd L leading W to trn RF undr jnd lead hnds,- (W comm RF trn undr jnd lead hnds fwd R, fwd L, fwd R,-); sd R, cl L, bk R,- (W cont RF trn moving bk twd ptr fwd L, fwd R, fwd L moving tw M's R sd,-) ;  
3-4 [TO A LARIAT] raising lead hnds sd L w/wt on ball of L ft, rec R, cl L,- (W fwd R, fwd L, fwd R moving CW arnd M,-); sd R w/wt on ball of R ft, rec L, cl R,- (W cont CW arnd M fwd L, fwd R, sd L to fc ptr,-) end CP WALL;  
5-6 [RUMBA BOX] in CP sd L, cl R, fwd L,-; sd R, cl L, bk R,-;  
7-8 [CUCA X 2] in CP sd L w/wt on ball of L ft, rec R, cl L,-; sd R w/wt on ball of R fwd, rec L, cl R,-;  
9-12 BRK BK TO SCP; SWVL WLK 6;; THRU FC CL;  
9 [BRK BK TO SCP] CP WALL bk L trng 1/4 LF to fc LOD keeping lead hnds jnd, rec R, fwd L,-;  
10-11 [SWIVEL WLK 6] in SCP LOD with some tension in jnd lead hnds fwd R, L, R,-; cont fwd L, R, L,-; (W fwd L, R, L placing each foot in front of the other,-; cont fwd R, L, R placing each foot in front of the other,-);  
12 [THRU FC CL] in SCP LOD fwd R twd LOD, trng 1/4 RF (LF) to fc ptr WALL sd L, cl R,-;  
13-16 SD WLK 6;; CIRCLE AWAY & TOG 4 & HOLD;;  
13-14 [SD WLK 6] in CP WALL sd L, cl R, sd L,-; sd R, cl L, sd R,-;  
15-16 REPEAT MEAS 7 & 8 INTRO blending to CP;;

**PART B**

- 1-4 **CROSS BDY;; 1/2 BASIC; U/A TRN;**  
1-2 [CROSS BDY] CP Wall fwd L, rec R, sd L trng 1/4 LF,- W bk R, rec L, fwd R twd M staying on M's R sd to end in L pos,-); bk R cont LF trn, sm fwd L, sd & fwd R,- (W fwd L comm to trn L, fwd R trng 1/2 LF, sd & bk L,-) end fcg ptr COH in CP;  
3 [1/2 BASIC] fwd L, rec R, bk L,-;  
4 [U/A TRN] XRIB of L leading W to trn RF undr jnd lead hnds, rec L, sd R,-(W XLIF of R comm RF trn undr jnd lead hnds, rec fwd R, sd L,-) end fcg ptr COH in CP;

- 5-8 **CROSS BDY;; 1/2 BASIC; U/A TRN;**  
5-8 REPEAT MEAS 1-4 PART B start fcg COH and end fcg WALL;;;  
REPEAT PART A ( 9-16 )

**PART C**

- 1-4 **MOD CHASE 1/2 WITH REV U/A TRN;; SD WLK 6;;**  
1-2 [CHASE 1/2 WITH REV U/A TRN] in CP fcg WALL fwd L comm 1/2 RF trn keeping lead hnds jnd, drop lead hnds down cont RF trn rec fwd R twd COH, cl L,- (W bk R, rec L, fwd R,-); bk R raising lead hnds to lead W to trn LF undr jnd hnds, rec L, sd R,-(W fwd L twd M's L sd, fwd R trng 1/2 LF undr jnd hnds, sd L,-)to fc ptr COH blending to CP;  
3-4 [SD WLK 6] in CP fcg COH sd L, cl R, sd L,-; sd R, cl L, sd R,-;

- 5-8 **MOD CHASE 1/2 WITH REV U/A TRN;; SD WLK 6;;**  
5-8 REPEAT MEAS 1-4 PART C start fcg COH and end fcg WALL in CP;;;  
REPEAT PART B  
REPEAT PART A ( 9-16 )

- 1-8 **BRK BK TO SCP; SWIVEL 6;; THRU SD CL; SD WLK 6;; CIRCLE AWAY & TOG 4 & HOLD;;**  
1-6 REPEAT MEAS 9-14 PART A;;;;;  
7-8 REPEAT MEAS 7 & 8 INTRO;;

**END**

- 1-3 **CIRCLE BOX;; SD LUNGE HOLD & TWIST;**  
1-2 REPEAT MEAS 3 & 4 PART A;;  
3 In CP sd L with bent knee extend R leg to sd, hold, upper bdy trn sl LF,-;